

Module #5

Anticipatory Guidance for Pediatric Oral Health

Anticipatory Guidance Area	Well Child Pediatric Visit Interval			
	6 Month	12 Month	18 Month	24 Month
Oral Development	<ul style="list-style-type: none"> • First tooth erupts • Discuss teething do's and don'ts • Instruct parents in oral anatomy 	<ul style="list-style-type: none"> • Should have 8 primary teeth • If no teeth yet, rule out systemic problem; refer if indicated • Exam for tooth defects, signs of abuse 	<ul style="list-style-type: none"> • Should have 12-16 teeth • Should be caries free; if not, needs immediate referral 	<ul style="list-style-type: none"> • Should have all primary teeth present or erupting • Should not have caries or occlusal disharmony (open bite)
Oral Hygiene	<ul style="list-style-type: none"> • Parent should be brushing teeth 	<ul style="list-style-type: none"> • Parent should be brushing teeth 	<ul style="list-style-type: none"> • Parent should still be brushing teeth 	<ul style="list-style-type: none"> • Parent should still be brushing teeth
Fluoride Adequacy	<ul style="list-style-type: none"> • Evaluate fluoride Status 	<ul style="list-style-type: none"> • Reevaluate fluoride status/vehicle 	<ul style="list-style-type: none"> • Reevaluate fluoride status/vehicle 	<ul style="list-style-type: none"> • Reevaluate fluoride status/vehicle
Habits	<ul style="list-style-type: none"> • Discuss pacifier safety 	<ul style="list-style-type: none"> • Educate about dental changes with prolonged pacifier use 	<ul style="list-style-type: none"> • Evaluate habit effects 	<ul style="list-style-type: none"> • Evaluate habit effects
Injury Prevention	<ul style="list-style-type: none"> • Walking safety • Childproofing 	<ul style="list-style-type: none"> • Dental emergency procedures home and office 	<ul style="list-style-type: none"> • Dental emergency procedures outside home 	<ul style="list-style-type: none"> • Dental emergency procedures outside home
Nutrition	<ul style="list-style-type: none"> • Discuss sleeping with bottle • Discuss weaning from bottle by 12 months 	<ul style="list-style-type: none"> • Should be off bottle • Should not be sleeping with bottle • Discuss daycare feeding • Discuss sippy cup 	<ul style="list-style-type: none"> • Evaluate snacking and sugar intake • Recommend suitable snacks • Discuss daycare feeding 	<ul style="list-style-type: none"> • Evaluate snacking and sugar intake • Discuss daycare feeding