

Module #5 Anticipatory Guidance for Pediatric Oral Health

HEALTH HISTORY

- Review health history
- Schedule preventive pediatric health care visits
- Discuss effect of oral medications on oral health
- Maintain childhood immunization schedule

<u>Birth -1 year</u>	<u>1.2 Years</u>	<u>2-3 Years</u>
Diet and Nutrition <ul style="list-style-type: none"> • Discuss early childhood caries • Wean child from bottle to cup by age 12 months • Discuss role of carbohydrates 	<ul style="list-style-type: none"> • Review diet outside home • Review snack choices • Discuss healthy diet and oral health 	<ul style="list-style-type: none"> • Review diet outside home • Discourage food rewards • Review snacking choices
Fluoride Adequacy <ul style="list-style-type: none"> • Evaluate fluoride intake at age 6 months • Give fluoride safety instruction • Consider topical needs including dentifrice 	<ul style="list-style-type: none"> • Re-evaluate fluoride status and review vehicle and sources as well as topical needs 	<ul style="list-style-type: none"> • Re-evaluate fluoride status and review vehicle and sources as well as topical needs
Oral Habits <ul style="list-style-type: none"> • Encourage breastfeeding and non-nutritive sucking • Review pacifier safety • Address role of oral exploration 	<ul style="list-style-type: none"> • Address breastfeeding and oral health 	<ul style="list-style-type: none"> • Discuss consequences of digit sucking and prolonged non-nutritive sucking
Injury Prevention/Trauma <ul style="list-style-type: none"> • Review signs of child abuse • Discuss childproofing and car safety • Provide emergency contact 	<ul style="list-style-type: none"> • Discuss electric cord safety • Review emergency management by parent • Establish dental "home" 	<ul style="list-style-type: none"> • Encourage safety in play activities
Oral Development <ul style="list-style-type: none"> • Discuss first primary tooth and eruption patterns • Address teething and tooth formation • Review oral anatomy 	<ul style="list-style-type: none"> • Review occlusion • Discuss development of the dentition 	<ul style="list-style-type: none"> • Review the importance of healthy periodontal tissues
Oral Hygiene <ul style="list-style-type: none"> • Review oral microflora acquisition • Review mouth cleaning of infant by parent • Consider <i>Mutans Streptococci</i> testing 	<ul style="list-style-type: none"> • Review parental role in oral home care, the appropriate setting, and brush selection • Problem solve on oral hygiene issues • Consider <i>Mutans Streptococci</i> testing 	<ul style="list-style-type: none"> • Discuss child's role in oral home care • Discuss parental separation at dental visits and anticipated behavior • Consider <i>Mutans Streptococci</i> testing